**Embroidery supplies for Kantha embroidery**

3 x layers of fine cotton fabric in solid colors (sometimes known as turban cloth)

OR 2 x layers of quilting cotton

Sewing threads and embroidery threads

Sewing needles- recommended size 7-9

Scissors

Pattern template/pencil or fabric marker

All handouts are from:

“Inspiration Kantha” Creative Stitchery and Quilting with Asia’s Ancient Technique

by Anna Hergert