Piedmont Quilters' Guild Newsletter Greensboro, NC March 2015

Attention all Quilters: The March 12th Meeting will be held in the Fellowship Hall of the Presbyterian Church of the Covenant. Here are some directions on finding the meeting. The address is 501 S. Mendenhall. The Fellowship Hall is accessed from the parking lot in the back of the church, which is off of Moorehead Avenue. You can access the parking lot from Walker Avenue, as well. Park in the area that is by the entrance to After Gateway. To find the door to the Fellowship Hall, face the After Gateway entrance, go to your left into the cul-de-sac and the door to the Fellowship Hall is on your left. Thanks, Elsie. If there is bad weather, check with news and GTCC.

March Meeting:

Our presenter for March 12 is Betsy Oldenburg. Betsy is a NC State Licensed Massage Therapist. She is also certified as a Trager Practitioner and a Certified Bones for Life Teacher. Betsy's Topic is "Take Care of Your Body! (While you are Quilting!!)" Betsy will show us some simple ways to make our quilting experience more comfortable and prevent strain and injury. Betsy has been a movement re-education and bodywork therapist for 30 years and loves to share her helpful hints addressing neck, shoulder, arm, hand, leg, and back pain. Learn new information about seating, posture, simple stretches, and a few easy habits to incorporate into your daily life, and while you are quilting. We are gifted to have Betsy as a presenter.

**Celebrate our Birthday Gals!

Carol Nelson	March 2
Pat Morris	March 4
Karen Harllee	March 7
Bonnie Lawrence	March 9
Elizbeth Murray	March 12
Bea Mandel	March 23
Lucille Amos	March 29
Peggy Mitchell	March 29

We are asking that birthday gals bring snacks to share on their birthday month:)

Board Members: There will be a Board Meeting prior to the April, August, and October Quilt meetings at 6:00 pm. There may be one in March. You will be notified if so. Also, the status of the budget will be reported to the guild members monthly. Pat Morris encourages members to bring along friends to the meetings, as our membership has been declining, and, they may find that they'd like to join us!

+February's Show and Tell

Susan Braun made a "busy quilt" for her mother-in-law that was bright, fun to see, and will keep her fingers busy throughout the day. It was decorated with objects, and different textured fabrics.

Jackie Russell offered a UFO challenge. Quilters are to bring the project to a meeting and sign up for the challenge. The project is to be completed and ready to show by October. There will be three awards given.

Susan....reported on a Bernina sewing machine seminar she attended.

The Barn Quilt class turned out well with 9 attendees. Elizabeth Johnson brought her completed 2x2 quilts to show. It was admired, and more quilters expressed an interest in the next class, when given.

NOTICE: Sounds like FUN! There will be a Lock-in at Calla Lily Quilts on Friday, that's tomorrow, February 27, from 6pm to Midnight. Bring a fabric layer cake, a charm pack, and a five and dime ruler. Also, some may wish to bring a UFO to complete in the company of others. Cost is \$45. Check for more information @324-4813

FOR YOU TALENTED QUILTERS:

The Center For Creative Leadership has asked PQG to have a quilt show at their Center from November through March. There will be an opening wine and cheese reception in January. You may place a price on your quilt if you wish. Contact Barbara Wolfe @ 324-4813 with your interest.

^{**}Carol De Santis will offer a burlap tote bag workshop on Saturday, March 14, from 10 am to 2 pm. She will teach us how to soften the fabric and to line and complete the bags. The location for the workshop will be the Lee's Chapel United Methodist Church. Cost is \$30 for members and \$40 for non-members.

PQG OFFICERS:

President Joanne Jones President Elect Pam Prochazka Mary Jo Wimberly Secretary Treasurer Sandy Huffine Membership Pat Morris Historian Linda Grogan Programs/Wksp Jackie Russell Community Outr. Susan Tanzer Kelley Jones Hospitality Caryn Wright Website Newsletter **Beverly Brooks**

Talent for hire:

Our website receives lots of inquiries about doing everything from custom quilting to quilt repairs, to completing vintage quilt tops. People are also interested in t-shirt quilts and memory quilts. Michele would like an updated list of persons who would like to do these various quilting projects. She is

We received a flyer from Hendersonville, NC regarding their 2015 NC Quilt Symposium Mountain Stitches. It will be held in Flat Rock, NC on May 28-May 31, 2015. There will be classes, the quilt show, vendors.

The University of NC Wilmington's Randall Library, in cooperation with the Department of Art and Art History is revving up to celebrate traditional crafts in North Carolina. The focus this year is on quilting in North Carolina. Nominations of established quilters or guilds are welcome. To make a nomination please send the following information to Sarah Barbara Watstein at watsteins@uncw.edu no later than Sunday, March 22, 2015. 1) your name and contact information; 2) contact information for each person or guild that you nominate. For more information about the award and the nomination process, please see North Carolina Living Treasures Award online. If you have questions, please contact Rebecca Baugnon at baugnonr@uncw.edu

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Here's a reminder about Hat-erday, Part of Make A Difference Day 2015 It will be Saturday, March 7 from 10 am -5 pm. Come all or any part of the time that you can. Location is the First Lutheran Church @ 3600 W. Friendly Avenue, corner of W. Friendly and N. Holden.

We need volunteers with sewing machines, but will also need volunteers to do handwork if you don't want to, or are unable to, bring your machine. Bring basic sewing supplies...scissors, neutral thread, pins, needles. Bring a bag lunch. Please bring a snack to share with others. Michelle will bring fleece, but bring if you have extra from projects. She will also bring precut felt flowers for decorating the hats, but bring any decorations or buttons you would like to use. If questions, contact mowens3@yahoo.com

The guild is looking for cheerful and hardworking guild members to begin planning for our next quilt show:)

We now offer advertising in the Newsletter. It is free for PQG members. Others will be charged \$15 for a business card size and \$25 for a quarter page. We will run free ads for estate sales, museum special shows, other guilds.

For sale: Bernina 200 includes 15 feet and walking foot, 2 storage boxes, 2 throat plates, suitcase system, knee lifter, slide-on table, 36 metal bobbins, Artista software ver3, embroidery arm with 3 standard hoops and extra large hoop never used, plus a hat loop, software ver 5, 5 embroidery cds plus cd reader, card reader, machine book and workbook. Price is \$2000.00. Call Barbara Wolfe

Offering complementary therapies to help you cope physically, emotionally, mentally, whether it's the rush of completing a beloved quilting project for someone special, or the stresses that everyone faces with jobs, families, the global news. I offer Reiki, LaHo-Chi, Jin Shin Juytsu and other modalities with 23 years of experience, as well as doTERRA essential oils to help you participate as a partner in improving life on a daily basis. Beverly Brooks, LCSW, ACSW (43 years)